



Go Mountain Bike Award Scheme

The Go MTB award was created by Cycling Scotland and motivates and encourages riders to develop their mountain bike skills and knowledge by recording achievements that lets them see how they are progressing and motivates them to achieve more.

Participants receive their own logbook, in which all progress is recorded and signed off by a Go MTB instructor. This allows riders to chart their progress as they acquire new skills and knowledge.

Go MTB isn't just about learning bike skills. Over five levels, it also aims to enable riders to independently enjoy mountain biking and the outdoors in a safe and responsible way through its four key themes of:

- riding skills
- sharing the outdoors
- first aid
- being independent and self-supporting

As this is a progressional course, riders can achieve different levels over the three days and is something that can be continued at future courses, with certificates awarded for the various levels. Although useful for course progression, riders do not need to attend all three days to achieve an award.

Participants are welcome to bring their own bike, but it must have gears and be in good, working condition and will be checked over by our instructors. If there are any problems, we are happy to loan you one of our bikes.

Upon completion of the course and progressing to level one, riders will receive a FREE goody bag containing useful items for trail riding!